



Zero-Based Budget Printable Companion

Session 2 - Cash Flow, Budgeting and Emergency Readiness | Participant Resource | Version 1.0

Privacy: Keep this resource for your personal use. Do not write account numbers, passwords, Social Security numbers, full birth dates, or other sensitive identifiers.

Income

Source / Planned / Actual

1. _____ / \$ _____ / \$ _____

2. _____ / \$ _____ / \$ _____

TOTAL INCOME / \$ _____ / \$ _____

Give every dollar a job

Category / Planned / Actual

Housing and utilities / \$ _____ / \$ _____

Food and household / \$ _____ / \$ _____

Transportation / \$ _____ / \$ _____

Minimum debt payments / \$ _____ / \$ _____

Protection and required commitments / \$ _____ / \$ _____

Emergency savings / \$ _____ / \$ _____

Other savings and goals / \$ _____ / \$ _____

Discretionary choices / \$ _____ / \$ _____

TOTAL OUTFLOW / \$ _____ / \$ _____

Balance

Income - planned outflow = \$ _____ Goal: \$0 unassigned

An assigned dollar may be spent, saved, invested, or directed to debt.

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